# Advising Form – Third Advising Meeting Fall 2014

<table>
<thead>
<tr>
<th>Name: ________________________________</th>
<th>Today’s Date: ____________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unity ID: ____________________________</td>
<td>Enrollment Date: _________________</td>
</tr>
<tr>
<td>Desired Major(s)/Concentration(s):</td>
<td></td>
</tr>
</tbody>
</table>

**Checklist for your appointment (initial each line to indicate that you have these items).**

- This form, with shaded areas completed, as well as your form from 2nd advising meeting.
- An updated Grade Report Form (see form on Moodle or course pack) for each course you are currently taking.
- All of these items in your designated advising folder.

**How are you?**

**How are you feeling about your **academics** and coursework?** Check all that apply, or enter your own response.

- [ ] Optimistic
- [ ] Excited
- [ ] Overwhelmed
- [ ] Motivated
- [ ] Uncertain
- [ ] Ambivalent
- [ ] Frustrated
- [ ] Hopeful
- [ ] Anxious
- [ ] Happy
- [ ] Hopeless
- [ ] Energized

**How are you feeling about **life in general**?** Check all that apply, or enter your own response.

- [ ] Happy
- [ ] Supported
- [ ] Down/Sad
- [ ] Hopeful
- [ ] Hopeless
- [ ] Energized
- [ ] Hangin’ in there
- [ ] Anxious

Is there anything going on in your life that is impacting your academic performance this term?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

**Please explain how you have made progress on the To-Do Items from your 2nd Advising Meeting:**

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

**Student To-Do List Items (end of Fall 2014) – To be completed with your Advisor**

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

I understand that following through on advisor referrals and suggestions is key to my success and is a large part of taking ownership over my education. My advisor and I have discussed my follow-through on these items at our third meeting, and I have agreed on additional items as listed above.

**Student signature and date:** ________________________________
**Instructions:**
- List your courses in Column 1
- Use the syllabi from each of your courses to fill out Column 2.
- List your grades for each item in Column 3.

<table>
<thead>
<tr>
<th>Column 1</th>
<th>Column 2</th>
<th>Column 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course</td>
<td>Graded Item</td>
<td>% of total grade</td>
</tr>
<tr>
<td>Ex. BIO181</td>
<td>Ex. Exam 1</td>
<td>Ex. 20%</td>
</tr>
</tbody>
</table>